



## STRAUMANN® DENTAL IMPLANT SYSTEM –

Straumann is one of the world's leading implant companies. For nearly 30 years in more than 3 million patients, Straumann implants have made sure that missing teeth doesn't mean missing any part of life.

### YOUR NEW TOOTH REPLACEMENT NEEDS CONSCIENTIOUS DENTAL CARE

#### CARE AND CHECK-UPS

After you have received your permanent restoration, your new teeth will be just as stable as your natural ones. You can include them fully in your daily oral hygiene routine. Brush your teeth after every main meal, particularly after breakfast and at night.

Use a soft toothbrush, which you should replace regularly. If you use an electronic toothbrush, you can continue to do so.

Clean all sides of each tooth when you brush your teeth. Clean the front and back as well as the chewing surface. Cleaning the spaces between the teeth is also important. Use aids recommended to you by your dentist, such as dental floss and/or interdental brushes. Give yourself sufficient time to clean them thoroughly.

Professional cleaning is important, too. Your dental team will suggest a suitable recall schedule for you based upon the complexity of your dental restoration and your overall oral health. They will also demonstrate appropriate cleaning techniques so that you can become familiar with the tools and procedures that are required for implant care. In general, you should care for your dental implant in the same manner as you would for your natural teeth.

Meticulous and consistent oral hygiene helps to ensure that your dental implant will provide years of comfort, satisfaction, and service.

# PATIENT INFORMATION



A new quality of life with dental implants  
What you should do after surgery



[www.straumann.com](http://www.straumann.com)



STRAUMANN COMPANY

**International Headquarters**  
Institut Straumann AG  
Peter Merzweg 12  
CH-4002 Basel, Switzerland  
Phone +41 (0)61 965 11 11  
Fax +41 (0)61 965 11 01

**North American Distributors**  
Straumann USA, LLC  
60 Minuteman Road  
Andover, MA 01810  
Phone 800/448-8168  
Fax 978/747-2500

USST 166 4/08 Printed in USA



COMMITTED TO  
**SIMPLY DOING MORE**  
FOR DENTAL PROFESSIONALS

## THINGS YOU SHOULD KNOW ABOUT YOUR NEW DENTAL IMPLANT

### AFTERCARE FOLLOWING SURGERY

Your new dental implant requires care and maintenance to help ensure a beautiful and permanent tooth restoration. This pamphlet contains important information that should be followed after dental implants have been surgically placed.

### SURGERY AND HEALING PERIOD

The implant is inserted in the jaw bone under local anesthetic. The surgical incision is then closed with fine sutures, which will be removed by your dentist after 7–10 days.

### TEMPORARY RESTORATION

During the healing period, the implant will be fitted with either a healing cap or a temporary restoration (e.g. a crown, bridge, or denture) depending upon your individual situation. Call your doctor if your temporary restoration becomes loose.

## POSSIBLE SIDE EFFECTS AFTER SURGERY

Implantation is a routine procedure and complications are rare. Nonetheless, you may experience some discomfort and other side effects in the period after surgery. Should you experience any side effects, it is important to react appropriately.

### BLEEDING OR PAIN AFTER SURGERY

#### BLEEDING

In case of bleeding, bite on a folded pad of gauze for one hour. Do not replace the pad during this time. Keep your head elevated and apply external cooling to your cheek. If you continue to experience bleeding, call your doctor.

#### SWELLING

You can reduce possible swelling by applying an ice pack to your face on the surgical area. Intermittent application is most effective (e.g. 20 minutes on and 20 minutes off). Keep your head elevated above chest level during the first two days and nights after the surgery. Sitting is better than lying down.

#### MEDICATION

If your dentist prescribed painkillers and/or antibiotics for you, keep to the specified dosage.

### WHEN SHOULD YOU CALL YOUR DOCTOR?

- If you have persistent swelling or throbbing pain several days after surgery
- If bleeding recurs
- If you feel numb 12 hours after surgery
- If you have any symptoms or questions not covered in your postoperative instructions

*Important:* Follow your doctor's instructions for follow-up visits.

## DO'S AND DON'TS AFTER SURGERY

### DRIVING

In the first few hours after surgery, your ability to drive may be impaired depending on the type of anesthesia and pain medication you are given. Ask your dentist how you may be affected.

### HEAD UP

Keep your head elevated throughout the day. Sitting is better than lying down. At night, position your head higher than the rest of your body. While sleeping, avoid resting your head on the side where the surgery took place.

### EATING AND DRINKING

Drinking is possible soon after surgery. Avoid hot drinks. Do not eat before the anesthesia has fully worn off.

### IRRITANTS

Irritants can cause complications. Therefore, it is advisable to avoid alcohol, nicotine, coffee, black tea, and fresh milk products for the first three days after surgery. Do not smoke.

### EXERCISE

Avoid vigorous exercise for the first three days after surgery.

### DENTAL CARE

Do not use a toothbrush, dental floss, or other aids in the surgical area for ten days, or until instructed to do so by your doctor. Do not rinse within eight hours after surgery as this may cause bleeding.

Begin rinsing the day after surgery, three times per day (e.g. after breakfast and lunch, before going to bed) with the prescribed rinsing solution.

**"Yes!"**  
dental  
implants

# Say "YES!" dental implants

